#### Relentlessly towards Excellence

RAJAGIRI COLLEGE OF SOCIAL SCIENCES (AUTONOMOUS),

# इwaraj şamachar



AN INITIATIVE OF THE DEPARTMENT OF SOCIAL WORK

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#### MEGA DRUG PREVENTION CAMPAIGN



The Department of Social Work at Rajagiri College of Social Sciences, Kalamassery, organized a mega drug prevention campaign under the R-Combat Project as part of the Nasha Mukt Bharat Abhiyan. The event, titled "Mission Detox: Together for

Change," took place on November 30, 2024, at 1:00 PM at the college premises. The inauguration was graced by prominent dignitaries, including Fr. Dr. Saju M.D., Principal of RCSS; Adv. Sujil, Chairman of Eloor Municipality; Seema Kannan, Chairman of Kalamassery Municipality; Dr. Kiran Thampi, Head of the Social Work Department at RCSS; Dr. Anish K.R., and Dr. Giji George, Project Directors of R-Combat RCSS.

#### **VIKAS SAMVAD**



On 28th November 2024, the third-year students of BSW organized Vikas Samvad. The session began with a welcome speech by Dr. Kiran Thampi HOD of social work department and featured Ms. Suchi Kapoor Malhotra, Director of Research at Campbell South Asia, as the guest speaker. Ms. Suchi delivered an insightful talk on the topic Simplifying Evidence Synthesis for Social Workers. She highlighted that simplifying evidence synthesis can greatly enhance social workers' ability to make informed decisions and implement effective interventions.

Additionally, she discussed key methodologies such as Randomized Controlled Trials (RCTs) and Impact Evaluations, emphasizing their importance in evidence-based social work...

#### **SUPER 100**



**A**n impactful and joyous event titled SUPER 100 by Additional Skill Acquisition programme (ASAP) was held on on 30th November 2024 at at Rajagiri School of Engineering and Technology, Kakkanad. This program facilitated an interactive session between 15 first-year Bachelor of Social Work (BSW) students and 100 tribal students from Attapadi, studying in Classes 8 to 12.

The 100 tribal students were welcomed in two batches, with 15 BSW students leading the sessions. A career guidance orientation was delivered by one of the BSW students, offering insights into various career paths available after secondary education. Another BSW student inspired the attendees with a motivational session on the significance of hard work and determination, urging them to stay committed to their dreams. The day was filled with games, dance, and songs, creating an atmosphere of joy and togetherness. The love and enthusiasm shown by the students made the experience deeply fulfilling for everyone involved

#### SAHRUDAYA ABILITY FEST 2024



On December 1, 2024, fifteen students from the BSW 1st years, in collaboration with the Whole Person Education, actively volunteered at the St. Joseph's Syro-Malabar Church Parish Hall, for the Sahrudaya Ability Fest 2024. The event featured a variety of cultural programs performed by children, showcasing their talents and creativity. A key highlight of the

fest was an inspiring motivational session led by Mr. Maaney Paul. The program was further graced by the esteemed presence of Mrs. Uma Thomas, M.L.A., who lent her support and encouragement to the participants and volunteers. In recognition of their efforts, all volunteers were awarded certificates of appreciation.

#### FLASHMOB FOR DISABILITY WEEK



**D**isability Week was observed with great enthusiasm by the Social Work department, highlighting the importance of inclusivity and awareness. A key event was a vibrant flash mob performed by 12 first-year BSW students at the Kalamassery Municipality Town Hall, 02/12/2024, drawing the attention of the local community.

The event, organized in collaboration with Kalamassery Municipality, Aluva BRC, and Samagra Shiksha Keralam, also featured an impactful awareness rally, emphasizing the need for social acceptance and understanding of individuals with disabilities. The program was inaugurated by Honorable Minister P. Rajeev, whose presence added significant value to the initiative.

# EMPOWERING PROFESSIONAL SOCIAL WORKERS AS SOCIAL WORK ENTREPRENEURS



The Department of Social Work at Rajagiri College of Social Sciences (RCSS), in collaboration with CEDI, IEDC, REDC, and the ED Club, organized a panel discussion titled Empowering Professional Social Workers as Social Work Entrepreneurs. The event was scheduled for December 3, 2024, at 2:00 PM at the Golden Aureole. The session was inaugurated by Dr.

Pradeep P.N., Coordinator of CEDI, and moderated by Dr. Kiran Thampi, Head of the Department of Social Work, RCSS. The resource persons included Mr. Sreejesh O.V., Sociopreneur, Clinical Counselor, and Behavioral Trainer, and Mr. Balraj, Co-founder and Chief Operating Officer of the Aakri App, and a retired Indian Naval Officer.

#### NATIONAL CONCLAVE ON YOUTH AND MENTAL HEALTH



The National Conclave on youth and mental health was organised by Ethiraj College for women, Chennai at 5-12-24. Anna Alex and Gayathry US from MSW II year attended the programme and took part in the poster making and creative writing competitions respectively. The programme included a panel discussion on recent trends in the field of youth

mental health by eminent professionals in the field.

#### **DE-NOVO 2024**



**B**SW students of Social Work Department delivered an outstanding performance at the De-Novo International Social Work Conference, securing the title of 1st Runner-Up in the overall championship amongst many other competing Social Work Colleges.

In individual events, Ms. Alana Paul, 3rd-year BSW student, won the Best Social Worker Competition and Ms. Arundhathi Anilkumar secured the 3rd Prize in the same category. Rajagiri also shone in group events, becoming 1st Runner-Up in Theme Dance and Street Play competitions and earning the 3rd Prize in Reel Making, showcasing their talent and creativity across various platforms. The competition was organized by the De Paul Institute of Science and Technology (DiST), Angamaly.

# ANNUAL POSTGRADUATE RESEARCH SYMPOSIUM 2024 - HONG KONG



**M**aria Anjitha and Sandra Limpson of II MSW presented their research paper in the "Annual Postgraduate Research Symposium 2024: Challenges and opportunities in social work and social welfare in changing world" held at Hong Kong, China, on 5th and 6th of December 2024. It was a great learning, experience and exchange of research ideas about the various studies and research ideas for these MSW final year students.

#### **DYUTI PRE-CONFERENCE**



Rajagiri College of Social Sciences (Autonomous), hosted the inaugural ceremony of the Pre-Conference for the 24th ICSD International Biennial Conference, DYUTI (25th Edition), on December 10, 2024. The event commenced at 9:30 AM in the Golden Aureole with a welcome address by Ms. Manjusha Sharon

Mammen, the Student Coordinator, followed by a lamp lighting ceremony and a theme dance. The release of the scrapbook took place at 9:40 AM, followed by a felicitation by Dr. Kiran Thampi, Head of the Department of Social Work. The Presidential Address was delivered by Rev. Prof. Saju M.D. CMI, Principal of RCSS, at 10:00 AM, and the inaugural address was given by Mr. Aloysius James, Development Practitioner, at 10:10 AM. Ms. Ann Susan Varghese, the 1st MSW Student Coordinator, delivered the vote of thanks at 10:30 AM. The event continued with paper presentations by BSW 3rd years and MSW 2nd years in parallel venues from 11:00 AM to 1:00 PM.

#### **RURAL SENSITIZATION CAMP ORIENTATION**

**O**n 10th December 2024, the students of first-year MSW, MCA, MSc Statistics, and MSc Computer Science programs had the orientation program for the one week rural sensitization camp, scheduled to take place at Calvary Mount, Kattappana from 14th to 18th December 2024. The program was held at 11:30 am in the Golden Aureole auditorium. In the orientation session, Rev. Dr. Saju M D CMI, Dr. Binoy Joseph, Dr. Kiran Thampi, Dr. Rajeev S P and Faculty in Charges of the camp addressed the students.

The session included a detailed presentation of the camp objectives and provided general instructions to guide the participants for the camp. Following the presentation, the students were divided into various committees and groups to ensure the coordination and delegation of responsibilities. In the afternoon session the committees planned activities and delegated tasks to achieve the camp's objectives effectively. The orientation served as a platform to align the students' focus and build camaraderie among the participants, ensuring the camp's success.

#### **SDG WHEEL**



**1**st-year BSW students showcased their creativity and dedication during the college fest Splendore 2024 through the SDG wheel. Their contributions focused on the United Nations' Sustainable Development Goals (SDGs), creating a vibrant and interactive experience for all attendees.

The highlight of their presentation was the beautifully crafted SDG Wheel, symbolizing a collective commitment to sustainable development. Alongside the tree, they introduced engaging SDG-themed games that not only educated participants about the goals but also made learning fun and memorable. SDG drawn balls were made by the students and hung nearby.

### JUSTICE AND DIGNITY: STREET PLAY HIGHLIGHTS SOCIETAL CHALLENGES



As part of the Dyuthi Preconference and the observation of Human Rights Day, a street play was performed by the first year MSW students, shedding light on three significant societal issues: child abuse, the Madhu case, and

transgender rights. The play captivated the audience with its compelling portrayal of these sensitive themes, aiming to evoke awareness and empathy. The segment on child abuse highlighted the hidden struggles of vulnerable children and the urgent need for protection and support. The Madhu case, a heartbreaking incident where a tribal man was mob-lynched for allegedly stealing food to quell his hunger, was recreated to question societal prejudices and the lack of justice for marginalized communities. The third segment delved into the challenges faced by transgender individuals, emphasizing the importance of inclusivity and dignity for all. The impactful performances by the students left a lasting impression on the audience, inspiring them to reflect on these pressing issues and encouraging collective action for a more just and equitable society.

### SESSION ON THE EMPLOYABILITY OPPORTUNITIES OF SOCIAL WORK BY MEERA M

**M**eera M of MSW 2nd year, was invited as a resourse person to Govt. Victoria College Palakkad's NSS 7 day camp on 24th December 2024, conducted at Sravana Samsara School Yakkara. She took a 90 minutes interactive session discussing about Social Work as a Career option and it's Employability Opportunities. She engaged the crowd of 100 students with activities and concluded with a fruitful discussion

#### **RURAL SENSITIZATION CAMP**



The Rural Sensitization Camp was conducted for the first year MSW, MCA, MSc Statistics and MSc Computer Science students from 14th to 18th December 2024 by the Rajagiri College of Social Sciences in collaboration with Kamakshi Gram

Panchayat and Calvary Mount School at Idukki. The objectives of the rural camp was to provide experiential learning rural people and their life, engage in physical labour and to equip students with first hand experience in planning, organising, coordination and management of the programme. The four day Rural Sensitization Camp included road construction, green garden construction, home visits and cultural programs. Students were divided into different committees and group and assigned task for the same for the smooth functioning of the camp. The camp provided interdepartmental cooperation and collaboration and also an experiential learning to the students

#### ABHAYA OLD AGE HOME VISIT

**A**s part of the Maya Care Foundation, the second-year Master of Social Work (MSW) students—Shahfila P.V., Jisa Joji, Sruthi Lakshmi M.O., Sneha S., and Maria Anjitha—visited Abhaya Old Age Home on 20th December 2024. The visit aimed to engage the elderly residents in meaningful interactions and bring festive joy as part of the Christmas celebrations. The students facilitated a variety of activities, including games, storytelling sessions, and simple exercises, designed to promote physical and emotional well-being among the residents. Additionally, they sang Christmas carols and other songs, creating a lively and joyful atmosphere.

This volunteer activity provided the students with valuable exposure to working with elderly populations, enabling them to apply their social work principles in a practical setting.

#### **UNARV-NSS CAMP**



From 18th—24th December 2024, NSS Volunteers of BSW 2nd year, attended 7 day camp at S.H.J.U.P School, Eloor. The camp was in collaboration with EY GDS and Vishwashanti Foundation. The camp aimed to increase digital literacy among elders through classes and

surveys. Almost 450 elders were given digital literacy training within a span of 5 days. The NSS volunteers took part in clearing the school surroundings for Organic farming and a vegetable garden. The volunteers also cleared an aerobin that was dirty and damaged. The camp was visited by Dr. E.N Sivadasan, NSS Program Coordinator, from MG University, Fr. Shinto Joseph, Assistant Director of RCSS, Dr. Kiran Thampi, HOD of Social Work Dept, and other faculty members. On 23rd December, a carol was conducted by 10 volunteers in collaboration with Arike Palliative Care. The volunteers visited Palliative patients in the nearby houses, cut Christmas cake and spend quality time with them. The camp provided an environment for the volunteers to get to know each other more and develop a sense of belonging and unity. It also helped for the personal and professional development.

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